

The Growth of Hospice Palliative Care Nursing as a Specialty in Canada

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Presentation Outline

- History of Hospice Palliative Care -Canada
- Ferris Square- Principles of Palliative Care
- History of the CHPCA Nurse's Group
- Benefits of Certification
- Process to achieve CHPCA Nursing Certification/Re-certification

History of Hospice Palliative Care in Canada

- 1974- First palliative care units
- 1981- Palliative Care Foundation
- 1990- Canadian Palliative Care Association
- 1995- Special Senate Committee on Euthanasia and Assisted Suicide
- 2000-Canada Senate Standing Committee

History of Hospice Palliative Care in Canada

- 2001- Prime Minister appoints Minister with Special Responsibilities for Palliative and End-of-Life Care
- 2001- Canadian Hospice Palliative Care Association (new name)
- 2001- CHPCA leads National End-of-Life Care Coalition
- 2002- A Model to Guide Hospice Palliative Care: National Principles and Norms of Practice
- 2004- Compassionate Care Benefits

Principles of Palliative Care

(Ferris Square- Norms of Practice for Hospice Palliative Care, 2001)

- Meet the needs- physical, psychological, emotional and spiritual- of the dying person and family
- Access equal services without discrimination
- Respect for Ethical Principles
- Right to Information
- Right to Choice/Empowerment
- Patient and Family = Unit of Care

Principles of Palliative Care

(Ferris Square- Norms of Practice for Hospice Palliative Care, 2001)

- Interdisciplinary team approach
- Continuity of Care
- Community collaboration through partnership and mutual support
- Governance and Administration
- Quality of Care: Standards of Conduct/Practice
- Program Evaluation
- Education, Information, Research & Advocacy

History of CHPCA Nurses Group

- 1993- Special Interest Group
- 1995- Kristjanson & Balneaves Survey
- 1997- Nursing Certification identified as a priority
- 2001- Palliative Nursing Standards
- 2002- Informal Executive Appointed
- 2003- Formal Executive Elected and Terms of Reference adopted
- 2004- Nurse's Group Workplan

Why Certification?

- Defines the model for hospice palliative care
- Increased personal/professional satisfaction
- Aligns with CNO Continuing Competence Programs
- Certification closes the gap between nursing education and practice
- Employers' support certification
- Universities grant credits toward Nursing Degree
- Defines “Generalist”, “Specialist” or “Advanced Practice” role in hospice palliative care nursing

Role Definitions in Hospice Palliative Care Nursing

■ Generalist Role

- Prepared to care for patients in a variety of health care settings, requires basic understanding of hospice palliative care principles and understands pain and other symptom issues in the context of the palliative care team.

Role Definitions in Hospice Palliative Care Nursing

■ Specialist Role

- “Specialist palliative care nursing aims to provide relief from suffering and improve Quality of Life for both patients and their families. It is a holistic approach acknowledging that suffering is more than physical distress, and recognizing that the patient requires a combination of physical, psychological, social and spiritual care.

Royal College of Nursing (2000)

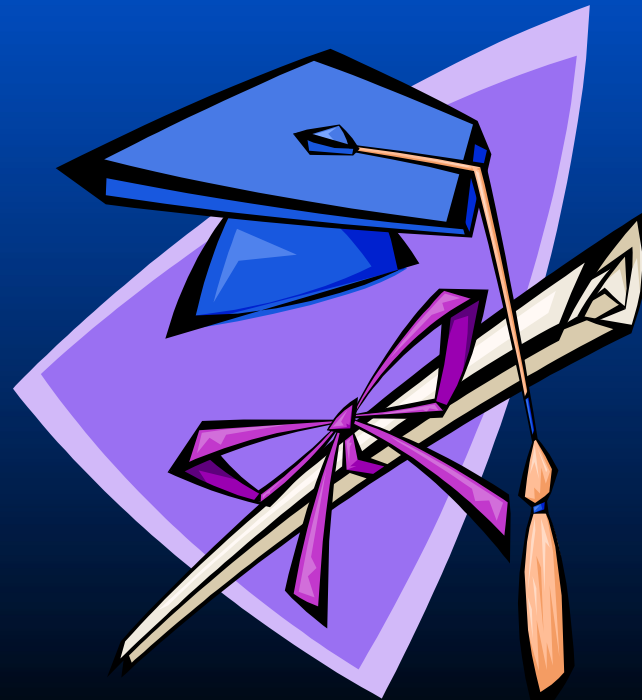
Role Definitions in Hospice Palliative Care Nursing

- Advanced Practice Role
 - Generally works as a consultant throughout a facility or program using a framework for advanced practice as defined by C.N.A.

Certification Update

All Specialty Areas

- 1991- 40 nurses certified
- 2004- 12,000 nurses certified



Nurses Assisting with CHPCA Nursing Certification

- Standard Development- 12 nurses, 5 provinces
- Proposal Writing- 7 nurses, 2 provinces
- Competency Development- 32 nurses, 10 provinces
- Item Writing- 30 nurses, 10 provinces, 1 territory
- Exam Committee- 9 nurses, 3 provinces

Competency Framework

- Competency- “The skills, knowledge, experience, attributes and behaviors required by an individual in order to perform the job effectively

– (Royal College of Nursing, 2000)

Competency Framework

- Care of the Person and the Family
- Pain Management
- Other Symptom Management
- End of Life Planning/ Dying and Death Management
- Loss, Grief and Bereavement Support
- Interdisciplinary/Collaborative Practice
- Education
- Professional Issues and Advocacy

Certification Criteria

- Current RN license
- 3,900 hours of experience in 5 years immediately prior to applying
- Endorsement from Employer
- Completing the application form and paying the fee (\$450.00). MNU and WRHA provide education reimbursement

Exam Data

- Exam date April 2, 2005
- Exams are administered across Canada on the same day
- The exam is a 4-hour multiple-choice exam
- The exam is based on 2 years experience in the specialty

Re-certification of Candidates

- Re-certification involves two choices:
 - Re-certification by examination –OR–
 - Accumulating 100 hours of continuous learning relating to the specialty during the preceding 5-year term
 - Working 3,900 hours in the specialty during the preceding 5 year term
 - Employer endorsement
 - Current RN license

Exam Locations

- Brandon Regional Health Centre
- Health Science Centre